

Item No.	Classification: Open	Date: 24 May 2023	Decision maker: Cabinet Member for Health and Wellbeing
Report title:		Community Support and Maintenance – Dementia Grant	
Ward(s) or groups affected:		People living with dementia and their families in all wards	
From:		Strategic Director of Children and Adult Services	

RECOMMENDATIONS

1. The Cabinet Member for Health and Wellbeing formalise prior approval of a three-year grant award to the Alzheimer’s Society for the sum of £164,000 per year, effective from 1 April 2023 to 31 March 2026, the total grant value over the three-year period will be £492,000.
2. The Cabinet Member for Health and Wellbeing note the multi-year arrangement will be subject to a termination clause (notice period of 4 months) regarding availability of funding from the Better Care Fund (BCF).
3. The Cabinet Member for Health and Wellbeing note that this proposed decision is supported by the Better Care Fund Planning Group made up of officers from Southwark council and NHS South East London (SEL) Integrated Care Board (ICB) who are working under the planning assumption that BCF funding continues for 2023-24 and beyond.

BACKGROUND INFORMATION

4. The grant funding has been extended annually since 2016-17. The Cabinet Member for Health and Wellbeing previously approved an extension to a one-year grant to the Alzheimer’s Society for the sum of £164,000 effective from 1 April 2022 to 31 March 2023, in order to continue to provide post-diagnostic support to people living with dementia and the continued development of a Dementia Action Alliance.
5. A recommendation by the Cabinet Member for Health and Wellbeing made in 2022 was to explore options for a multi-year grant award. This recommendation is now being taken forward with approval being sought for a three-year grant award. The multi-year grant funding will allow the Alzheimer’s Society to continue to provide post-diagnostic support to people living with dementia and continue the development of a Dementia

Action Alliance (as part of the wider council commitment to an Age Friendly Borough).

6. If approved, the three-year grant award to the Alzheimer's Society will be for a sum of £164,000 per year effective from 1 April 2023 through 31 March 2026. The total grant value over the three-year period will be £492,000.
7. Legal Services confirmed that there is no reason why a multi-year grant could not be awarded subject to the inclusion of an appropriate break clause, which would allow the Council to end the relationship before the expiry of the March 2026, on giving a defined period of notice to the Alzheimer's Society, in this case the notice period will be 4 months.
8. Because of the limitations of the BCF funding programme, the agreement drafted to cover the multi-year grant would, in addition to the break clause, include wording which makes it clear that the parties would accept and agree that the duration of the funding (and any proposed extension following the expiry in March 2026) is not guaranteed and is conditional upon the availability and sufficiency of BCF monies.
9. Therefore, the three-year grant award will be subject to a termination clause that has notice period of four months that will allow a reasonable transition time to the end of the funding agreement if required (due to lack of available funds from the BCF) as this aligns with the BCF funding timelines. The three-year grant award will also enable the Alzheimer's Society to plan further in advance and provide reassurance on the Council's commitment to funding dementia services for Southwark residents.
10. The service is funded through the Better Care Fund and funds the following services:
 - 3 x Dementia Support Workers
 - 1 x Dementia Action Alliance Coordinator (part time) and associated costs
 - The Daffodil Dementia Café – sessional workers, volunteer and associated costs

Further details of these services, alongside activity data are set out in appendix 1.

11. Both SEL ICB and the Council place particular emphasis upon targeted support for people living with various forms of dementia following diagnosis to remain as independent and connected as possible within their local communities. This is set within the context of the refreshed dementia care pathway as part of the Joint Mental Health and Wellbeing Strategy with the aim of taking a whole systems approach.

12. Additionally, these dementia services form part of a wider theme of “Community Support & Maintenance” within the Better Care Fund.
13. The Dementia Action Alliance (DAA) delivers the Dementia Communities Programme in Southwark, closely linked with the Council’s Age-Friendly Borough agenda. The Cabinet took the formal decision to develop a DAA in November 2014, and the Southwark DAA was a recognised finalist in the 2017 national dementia awards (Urban Community Category). The membership of the DAA is made up of statutory, voluntary sector and commercial organisations that work together to make Southwark a place where people living with dementia have the support, they need to live their life to the full and remain a valued part of their local community.
14. A revised set of Key Performance Indicators was established with the service provider in 2021-22. This ensured an enhanced focus upon outcomes, service participation and support to carers of people with dementia. This step has also improved the intelligence available to commissioners, generated through the services’ engagement and support of local people.
15. Partnership Southwark partners (within Age Well & Care Well) is committed to working in collaboration to support people affected by Dementia to live healthier, happier lives. Clinical and Operational leads who work in this space across the Partnership, including Southwark Council, Southwark Dementia Action Alliance, Alzheimer’s Society, and the South London and Maudsley Foundation Trust (SLaM), have formed a Dementia Friendly delivery group responsible for developing and delivering an integrated programme. One initiative currently being explored is working with care homes and extra care settings to support them to become more dementia friendly. Appropriate service providers and schemes are being identified by the delivery group.

KEY ISSUES FOR CONSIDERATION

16. The Department of Health and Social Care Dementia Prevalence Calculator indicates prevalence rates for dementia are increasing. It is estimated that there are approximately 676,000 people living with dementia in England. In the whole of the UK, the number of people with dementia is estimated to be 850,000. Carers of people living with dementia are estimated to number 540,000 in England with their own set of needs for support.
17. In the summer of 2019, a Dementia Prevention Health Needs assessment completed locally by Public Health indicated that there are a clear number of risk factors associated with dementia, many of which are those stemming from lifestyle choices. Analysis shows that with improved information and support, changes in lifestyle, such as, improved diet, reduced alcohol usage and exercise means that dementia can be prevented and delayed, enabling people to remain healthy, well and independent for longer.

18. Increasing numbers of people living with dementia are requiring increasing levels of care and support across the wider health and social care economy.
19. The number of people aged 65 and over is expected to increase by 12,400 by 2030 (or 45%). As a result, we can expect the overall prevalence of dementia to increase. As age is the biggest risk factor for dementia, increasing life expectancy is the driving force behind this projected rise.
20. Southwark has one of the fastest growing populations in South East London. The population is projected to grow by almost 20% by 2030. Growth is set to continue across almost all areas of the borough but redevelopments around Old Kent Road, South Bermondsey and Elephant and Castle, will lead to significant population increases in these communities.
21. The JSNA Figures for 2020 show 1,178 people in Southwark aged 65 or over have been diagnosed with dementia, and Southwark's recorded prevalence (4.0%) is comparable to both London (4.2%) and England (4.0%).
22. Dementia diagnosis rates have improved in Southwark from 72.3% in 2018 to 78.5% in 2019, as detailed in Southwark's Joint Strategic Needs Assessment (2019). This has led to increased demands on social care and post-diagnostic support services in the voluntary sector.
23. Over the coming decade our population is predicted to grow older: The largest numerical population increase is expected in those aged 35-44, by around 18,000. The largest percentage increase is predicted for those aged 60-69 (52%). It is expected to be an increase by just short of 10,000 people to 28,354 in 2026.
24. It is predicted that by 2030, the number of patients with dementia will grow by over a quarter (28%) in those over 65. This will be an increase by 455 people with dementia aged over 65.
25. It is predicted that the cost of dementia care in Southwark by 2030 will be £144m. Currently, the annual cost of dementia care in Southwark is £86m. Alzheimer's Society Southwark report, (2021).
26. There is considerable economic impact associated with the disease nationally, estimated at £23 billion a year, which is predicted to triple by 2040. This is more than the cost of cancer, heart disease and stroke.
27. As the numbers of people living at all stages of the condition increases, the need for individuals and their carers to receive post-diagnostic support and advice at the right time is rising. Due to the improving rate of early diagnosis within Southwark, there are increasing numbers of people living with a diagnosis at earlier stages of their condition. This

grant will provide person centred proactive and timely support, which is key in the development of a refreshed “Dementia Pathway” in Southwark. This will involve a reconfiguration of Voluntary Sector services, Southwark Council’s Adult Social Care services and NHS services around targeted populations (alongside the promotion of a dementia-friendly borough).

28. Although dementia is a condition associated with the aging process, the services provided by the Alzheimer’s Society also support working age adults, aged between 45 and 64, with a dementia diagnosis. The service takes steps to ensure that activities and support are also relevant to this younger cohort. For example, reminiscence sessions for younger people focus upon more recent past events.
29. There are further opportunities for closer joint working between statutory services with respect to case management. Post-diagnostic support is integral to effective future planning for people living with dementia, as well as support for informal carers to avoid breakdown in family support which could result in admission to a care home or hospital that otherwise might have been avoided. Work continues with the Alzheimer’s Society, drawing upon the national development and promotion of Dementia Connect by the Society to establish how the Alzheimer’s Society can further extend support to people living with dementia with multi-morbidity who leave acute care following admission for physical health conditions.
30. Work is currently underway to further improve response times so that people can receive the offer of post-diagnostic support closer to the point of dementia diagnosis. This work includes steps to co-locate with the Memory clinic.
31. Currently, the largest proportion of the grant funds three support workers, who provide targeted support and casework for people living with dementia (and their family and/or carers). They support people after diagnosis and deliver holistic preventative interventions to enable people living with dementia to remain in their home and avoid the need for residential or hospital care. Interventions pre Covid-19 included home visits and meeting with service users and their families and/or carers in the Daffodil Cafe. During the pandemic, the service adapted, and all interventions were carried out online and remotely. The Alzheimer’s Society are now able to carry out face to face assessments and have maintained the option for telephone or video assessments in order to keep the offer flexible and provide a choice to clients.
32. This work often involves having necessary, and often difficult conversations, with people who still retain mental capacity at an early stage of their dementia (for example in relation to lasting power of attorney). Support workers identify and facilitate the required interventions for individuals and their families.

33. The Alzheimer's Society is a member of the Consortium of Older People Services in Southwark (COPSINS) and works in close partnership with other older people charities in the borough. More detail of the services funded by this grant is set out in appendix 1. This provides details of the range of activities and support provided by the Alzheimer's Society alongside the partnerships developed.
34. Pre pandemic, 102 people attended the two dementia cafes which are held for two hours every week, and 89 people with dementia were engaged in some form of social event through the Dementia Action Alliance. There is a weekly register of service users who attend the cafes but the provider cannot run a report of individual attendance over the period. However, the provider has a record of weekly meetings and the number of persons in attendance. The service also provides support to carers of people living with dementia through the peer support group.
35. The Dementia advice sessions offered to Southwark residents continue to be a valuable resource with 1,572 advice sessions taking place in Q1 and Q2 of 2022/23.
36. Referrals to the Alzheimer's Society are reported to have dropped since the pandemic, however referrals are nearly back to previous levels with 135 new people in total being referred to the service in Q2 2022-23.
37. Although there are no targets for numbers of referrals, The Alzheimer's Society are exploring ways to work smartly and efficiently with cases, ensuring they are closed in a timely manner, where appropriate. The service manager at the Alzheimer's Society is working with support workers to identify open cases that could be closed to make room to accommodate new referrals.
38. In recognition of the impact of the Covid-19 pandemic on many people living with dementia, who have seen their physical, cognitive and emotional health and wellbeing deteriorate over the last year, the Alzheimer's Society adjusted and continued providing support and advice to people living with dementia and their families. In many cases these are people who are known within the health and care system and voluntary sector partners but may not yet have significant need of social care services. Although the centres were closed during the pandemic, activity packs were sent out to service users and their families, and sessions were held online.
39. The Alzheimer's Society are providing support and advice to people living with dementia and their families who are known within the health system and voluntary sector partners but may not yet have significant need of social care services. The focus is on maximising their independence and living well with dementia, covering issues such as powers of attorney, assistive technology and healthy living, supporting people with dementia themselves and their families, through often very complex domestic and personal circumstances. Such timely and

targeted interventions can prevent, or delay, reliance upon more expensive services.

Policy framework implications

40. The Care Act 2014 confers duties on local authorities to promote individual wellbeing, establish preventative services, provide information and advice about care and support, and provide appropriate support for adults and their carers. All of the above are fulfilled through this grant for families living with dementia.
41. Southwark's Vision for Adult Social Care is to deliver well-coordinated personalised health and social care services to prevent, delay or reduce the need for care and support to be able to live as independent lives as possible. A new Dementia Pathway is a key strategic priority within the Council's vision. Through risk stratification measures there is potential to target individuals at an earlier stage to help them plan more effectively for the future.
42. The recommendation set out in this report supports the Council's commitment, mandated by November 2014 Cabinet, to Southwark becoming a dementia friendly community, in line with Fairer Future Promise 10 (making the borough a place in which to age well) as well as being shaped by the Fairer Future Promise 1 (value for money).
43. Southwark Five-year forward view, and the NHS Long Term Plan offers the commitment to upgrade the quality of care and access to dementia services and also focus on prevention of long-term conditions including dementia.
44. The Southwark Health and Wellbeing Board agreed a joint Mental Health and Wellbeing Strategy 2021-24. The vision for the Strategy is to combine high quality commissioning with partnership working to improve the mental health and wellbeing of our local residents.
45. Priorities for the Older People and Dementia work stream within the Joint Mental Health Strategy include supporting those affected by Dementia through innovative service models which include schemes such as enhancing the post diagnosis offer through the co-location of Alzheimer's Society Dementia Advisors to the Southwark and Lambeth Memory Service.
46. Southwark Stands Together has also developed a model of community engagement with the Black Asian and Minority Ethnic communities to inform the commissioning of services that are effective and appropriate to their needs around mental health.

Community, equalities (including socio-economic) and health impacts

Community impact statement

47. Southwark's Council Delivery Plan sets out priorities and commitments to the people of Southwark. The Plan was published in January 2023.
48. The delivery of this service aligns with the Council's Delivery Plan, specifically supporting families and treat residents as if they were valued members of our own family.
49. Southwark Council have established Southwark Stands Together programme which brings together local organisations, community groups and individuals across the borough committing to identify, and then implement solutions to address entrenched racism and injustice. It recognises the importance of listening to the voice of the workforce to hear their concerns and most importantly identify solutions to address areas of inequality by taking positive action to address these imbalances. In addition, the programme seeks to ensure we meet the needs of our residents and ensure those from all ethnic backgrounds are treated equally and fairly and receive the same service.
50. Partnership Southwark is a Local Care Partnership within South East London Integrated Care Board, working with other health, care and non-statutory organisations and local communities to bring together services and support at a neighbourhood level so that they do a better job of keeping people healthy and meeting their needs. Since 2019, they have been working to better join up services and support, tackle the causes of inequality, and improve the health and wellbeing of Southwark residents.
51. Partnership Southwark focuses on the groups most affected by long-standing health, social and racial inequalities. Their work is informed by engaging the community in Southwark to understand their needs, develop services and support that work for them, and empowering people to look after their own wellbeing and live longer, healthier lives, by focusing on prevention and self-management.

Equalities (including socio-economic) impact statement

52. The Public Sector Equality Duty under section 149 of the Equality Act 2010 requires the council, when exercising its functions, to have due regard to:
 - The need to eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under the Equality Act 2010
 - The need to advance equality of opportunity between persons who share protected characteristics and those who do not, and
 - Foster good relations between those who have protected characteristics and those who do not

53. 'Protected characteristics' are age, sex, race, disability, sexual orientation, marriage and civil partnerships, religion or belief, pregnancy and maternity and gender reassignment. The council is committed to all of the above in the provision, procurement and commissioning of its services, and the employment of its workforce.
54. The extension of the Alzheimer's Society grant should not have a negative impact in relation to the groups identified as having a "protected characteristic" under the Equality Act 2010 and the Councils' equality agenda: Race, Gender, Age, Disability, Faith and Religion, Sexuality, Gender re assignment, Marriage and Civil Partnership and Child Care and Pregnancy. It will benefit those living with dementia.
55. The information of ethnicity and dementia is limited. The Memory Service diagnostic reports that rates of recent diagnosis amongst Black, Asian and Minority Ethnic communities are around 33%. This is higher than the 19% of the total Southwark older population who are from Black, Asian and Minority Ethnic communities recorded in the 2011 census. The largest Black, Asian and Minority Ethnic communities groups reported by South London and Maudsley NHS Trust are from the African-Caribbean and African communities, corresponding with the wider demographic makeup of the borough.
56. The limited information of ethnicity and dementia has been identified by the Alzheimer's Society and they are working closely with the Memory Service to look at best practice and to introduce a more streamlined referral form to ensure demographics are recorded for all referrals to the service.
57. The demographics collected for referrals to the service during 2022 details the following breakdown of protected characteristics:
 - Age range covered 45 years to 85+ years of age.
 - All service users noted they had dementia or were a carer of a person with dementia.
 - Two thirds were female, one third male.
 - Service users were from Asian (3%), Black British, Black African, Black Caribbean (17%) and White backgrounds (20%); the majority were not recorded.
 - The majority did not state their religion, or stated that they preferred not to say.
 - Half stated they were heterosexual, the rest were not recorded.

Health impact statement

58. The Health Inequalities Framework, which was approved at the Health and Wellbeing board in March 2021, notes that health inequalities are avoidable, unfair and systematic differences between different groups of people that influence our opportunities for good health, both physical and mental.

59. The Framework notes that the COVID-19 pandemic has exacerbated existing health inequalities in Southwark, impacting all groups but particularly people from Black, Asian and minority ethnic backgrounds, low-income households and those with disabilities.
60. Outcomes from the Southwark Stands Together (SST) programme have been used to develop five recommendations to tackle health inequalities experienced by Black, Asian and minority ethnic communities. The Health Inequalities Framework will incorporate the findings from SST and address these alongside the other influences of inequalities; including other protected characteristics such as socio-economic factors and inequalities experienced by socially excluded groups.
61. One of Southwark's Borough Plan key aims is to support and protect vulnerable residents so that they can lead healthy and active lives. The specialist dementia support provided by the Alzheimer's Society provides support for people living with various forms of dementia to remain as independent and connected as possible within their local communities.
62. Health benefits of the service provision are noted in case studies captured by the Alzheimer's Society, and include:
 - Delaying and reducing the need for care, support & admission to hospital
 - Helping people recover from adverse events, illness, and injury
 - Enhancing quality of life for people with long term conditions
 - Enhancing quality of life for older people with care and support needs
63. All staff employed are paid the London Living Wage, and a London allowance reducing health inequalities in Southwark by ensuring people from socio-economic disadvantage are better remunerated for their work and will lead to a more stable, well-equipped workforce that is able to deliver high quality, consistent care for service users.

Climate implications

64. All staff currently employed are local residents of Southwark and surrounding London boroughs, and either walk or cycle to work, or take the bus.

Resource implications

65. The grant will be managed through current staffing resources contained within the Partnership Southwark Commissioning Team structure.

66. Monitoring of the grant is based on the conditions of grant funding which amongst other things includes evidence of work being done and outcomes being met. It will be reviewed at least annually by the BCF Planning Group.

Legal implications

67. Please see concurrent from the Assistant Chief Executive - Governance and Assurance.

Financial implications

68. The 2023-24 BCF allocation towards Dementia care totals £184,000 via Scheme 20 which is described as “Dementia – Enhanced Neighbourhood Support” under the theme “Community Support and Maintenance”. £164k of this allocation is spent on the grant described in this report, with the remaining £20k contributing towards the Council’s staffing costs for delivering specialist social work intervention for older adults.
69. As the grant is fully funded from BCF it is important that the service continue to fulfil the conditions of the grant. The recent spending revenue has indicated that the funding for BCF is likely to continue into 2023-24.

Consultation

70. This report is informed by the views of the BCF Planning Group which includes health & social care professionals.
71. Service user outcomes and feedback are positive and evidenced through case studies in the service quarterly monitoring submissions by the Alzheimer’s Society as well as visits to the service by commissioners. Clinical and professional feedback during the Dementia Care Pathway review was also positive.
72. There has been positive service user and stakeholder feedback of these services obtained as part of the BCF evaluation. The focus is on maximising their independence and living well with dementia, covering issues such as powers of attorney, assistive technology, and healthy living, supporting people with dementia themselves and their families, through often very complex domestic and personal circumstances. Such timely and targeted interventions can prevent, or delay, reliance upon more expensive service.

SUPPLEMENTARY ADVICE FROM OTHER OFFICERS

Head of Procurement

73. Not applicable.

Assistant Chief Executive - Governance and Assurance

74. This report seeks approval of the award of further grant funding to the Alzheimer's Society for three years from 1 April 2023 to 31st March 2026. This multi-year arrangement will be subject to termination clause (notice period of 4 months) regarding availability of funding from the BCF. This grant award will enable the provision of post diagnostic support to people living with dementia and the continued development of a Dementia Action Alliance as part of the wider Council commitment to an Age Friendly Borough. Appendix 1 summarises the various services that will continue to be funded through the proposed grant award.
75. The decision to approve the report recommendation is one which is expressly reserved to the Cabinet Member under Part 3D of the council Constitution. The proposed grant award is consistent with the council's statutory duties and powers (notably the Public Sector Equality Duty imposed by the Equality Act 2010) and with corporate policy, including the Fairer Future Promises and the five year forward view.
76. These services are regulated by way of conditions of grant funding rather than by more formal commercial contractual conditions. However, the funding agreement with the Alzheimer's Society makes provision for the council to withhold or "claw back" funding if necessary in the event that the required services and service delivery outcomes are not achieved.

Strategic Director of Finance REF: [AS-01202324]

77. The Strategic Director of Finance notes the contents of this report and in particular the issues addressed under the 'Financial Implications' section. Commissioners and the service will need to manage the grant carefully to ensure that the desired outcomes are met to ensure maximum value for money.
78. The contribution made by the Better Care Fund (BCF) to this activity reflects the shared benefits accruing to the council and ICB in their endeavors to improve outcomes for the residents of Southwark. Whilst funding is secure for 2023-24, the service and other partners will need to work closely to mitigate any risks arising from future spending reviews and subsequent changes to the BCF.

Other officers

79. There were none.

BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
Dementia Friendly Communities Cabinet report	Commissioning Directorate Children and Adult Services 160 Tooley Street, London, SE1 2QH	Jessica Neece 0207 525 3460
http://moderngov.southwark.gov.uk/documents/s49951/Report%20Dementia%20Action%20Alliance.pdf		

APPENDICES

No.	Title
Appendix 1	Details of the services funded through the grant

AUDIT TRAIL

Lead Officer	David Quirke-Thornton, Strategic Director for Children and Adult Services	
Report Author	Jessica Neece, Programme Lead for Adults and Older People with Complex Needs	
Version	Final	
Dated	24 May 2023	
Key Decision?	Yes	
CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER		
Officer Title	Comments Sought	Comments Included
Assistant Chief Executive – Governance and Assurance	Yes	Yes
Strategic Director of Finance	Yes	Yes
Cabinet Member	Yes	No
Date final report sent to Constitutional Team		24 May 2023